

PROVIDER ALERT

New Authorization Plans and Units

September 1, 2020

Please note the following changes to Outpatient Mental Health Authorization Plans. Previously, these authorization plans included all services for all outpatient provider types, which caused problems when an individual was seen by different providers for therapy and medication management. In order to address this conflict of services and enable providers to obtain clinically necessary authorizations more easily, the mental health outpatient authorization plans have been split into three different types:

1. Plans for therapy alone
2. Plans for medication management alone
3. Plans for requesting both outpatient therapy and medication management

Providers will be able to select the option most applicable. See below for details regarding the current authorization plans.

If you are planning to provide only outpatient therapy:

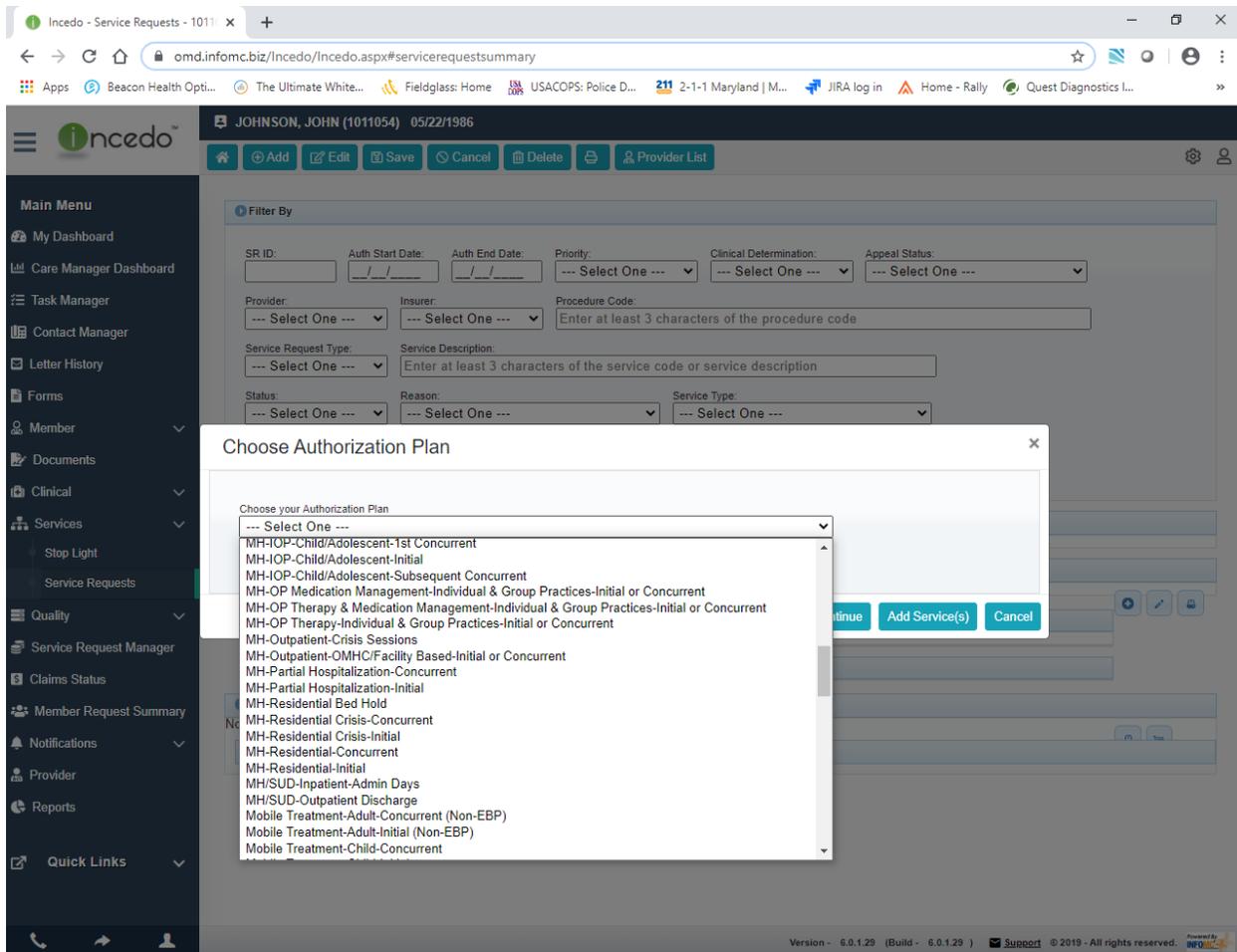
- MH-OP Therapy-Individual & Group Practices-Initial or Concurrent Request

If you are planning to provide only medication management:

- MH-OP Medication Management-Individual & Group Practices-Initial or Concurrent Request

If you are planning to provide both outpatient therapy and medication management:

- MH-OP Therapy & Medication Management-Individual & Group Practices-Initial or Concurrent Request



If you have questions or concerns about information contained in this alert, please contact customer services at 1 (800)-888-1965.

Thank you,

Optum Maryland Team